

### 988 National Suicide Hotline

The 988 Suicide & Crisis Lifeline provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week, across the United States and its territories. The 988 Lifeline is comprised of a national network of over 200 local crisis centers, combining local care and resources with national standards and best practices. Call, text or email <https://988lifeline.org/>

**Behavioral Healthcare, Developmental Disabilities & Hospitals (BHDDH) Community Mental Health Centers** with contact information, BHLink and 988 resources  
<https://bhddh.ri.gov/mental-health/individual-and-family-information/where-get-help>

### Behavioral Health Link (BHLink)

BH Link's mission is to ensure all Rhode Islanders 18+ experiencing mental health and substance use crises receive the appropriate services they need as quickly as possible in an environment that supports their recovery.

- **BH Link Hotline**, (414-LINK; 414-5465): a one-stop, statewide 24/7 call-in center that connects people to appropriate care and resources, when they or someone they care about is experiencing a behavioral healthcare crisis
- **BH Link Triage Center**: a 24/7 community-based walk-in/drop-off facility where clinicians connect people to immediate, stabilizing emergency behavioral health services, and long-term care and recovery supports. 975 Waterman Ave., East Providence
- 988 is the dialing code for the new suicide and crisis lifeline in Rhode Island

<https://www.bhlink.org/>

### Certified Behavioral Health Clinics

A CCBHC is an outpatient clinic that is certified by the State of Rhode Island to offer expanded behavioral health services. CCBHCs serve anyone who walks through the door, regardless of age, diagnosis, or insurance status. At a CCBHC, a team of trained health professionals can:

- provide mental health support to you or a loved one,
- help you or a loved one with a substance use condition, and/or
- provide 24/7 crisis support.

The following locations are CCBHCs in Rhode Island:

- [Community Care Alliance](#) (Woonsocket)
- [Family Service of Rhode Island](#) (Providence)
- [Gateway Healthcare](#) (Pawtucket, Johnston, and South County)
- [Newport Mental Health](#) (Newport)
- [The Providence Center](#) (Providence)
- [Thrive Behavioral Health](#) (Warwick)

### Circle of Moms

For women up to six months postpartum to attend our Circle of Moms psychotherapy group. Our goal is to help moms cope with the emotional challenges of transitioning to motherhood. The group is led by Joanna MacLean, MD and Meghan Sharp, PhD. The group meets on Wednesdays from 11a.m-12:15p.m. Please call (401) 793-7020 for more information regarding meeting location and eligibility and to coordinate insurance coverage.

<https://www.lifespan.org/centers-services/womens-behavioral-medicine>

### Community Action Programs (CAPs)

Rhode Island Community Action Association is a network of community action programs (CAPs) serving all 39 cities and towns in Rhode Island. Programs have various missions and goals to end poverty, by continuously aiming to provide resources, support, services, and programs to Rhode Island residents in need. Locate your local CAP Agency at:

<https://www.ricomunityaction.org/>

### Community Mental Health Centers

These Centers provide comprehensive community-based mental health and substance abuse prevention and treatment services to individuals, families including:

- Emergency service
- Inpatient services
- Psychiatric services
- Medication maintenance
- Community residences
- Psychiatric rehabilitation including employment

Contact your local center directly to schedule an appointment or for emergency services. Find a Community Health Center in your area at:

<https://www.sumhlc.org/>

### Connecting the Dots

Published by RIPINs Family Voices

Includes resources for early childhood, mental and behavioral health, medical, basic needs, education and more. Resources for all ages.

English: <http://ow.ly/edKy50xPvcz>

Spanish: <http://ow.ly/cINl50xPvcC>

### Gateway Healthcare

Managed through Lifespan, Gateway Healthcare provides treatment, intervention and prevention services to adults and children of all cultural and economic backgrounds with

behavioral and substance abuse issues, through its residential, outpatient and community-based programs and offers:

- Mental Health First Aid Training
- In-Home Behavioral Health Services

Programs are located throughout the state. To schedule services or emergency intake Call: (401) 729-8701

<https://www.lifespan.org/locations/gateway-healthcare>

### KIDS' Link RI

Kids' Link RI™ is a hotline for children in emotional crisis. The free 24-hour hotline, 1-855-543-5465, connects parents and caregivers to children's services in Rhode Island, and helps parents determine the best place to go for treatment and counseling.

<https://www.lifespan.org/centers-services/kids-link-ri>

### Moms Matter Clinic

For pregnant or breastfeeding women who are dealing with an opioid use disorder.

Services include;

- Treatment of acute withdrawal as an inpatient at Women & Infants Hospital
- Medication-assisted treatment with buprenorphine for opioid use disorder
- Assistance in caring for babies with neonatal abstinence syndrome (NAS) in collaboration with pediatricians at Women & Infants Hospital
- Pain management for opioid-dependent women as an inpatient at Women & Infants Hospital

Patients are seen on Thursdays between 12 noon and 4 p.m. at the Center for Obstetric and Consultative Medicine, 100 Dudley Street, Third Floor, Providence, RI (401) 430-2700

<https://www.womenandinfants.org/moms-matter>

### Mom's PRN

The Rhode Island Maternal Psychiatry Resource Network (RI MomsPRN) is a free psychiatric telephone consultation service for healthcare providers who treat pregnant and postpartum women (with children less than 1 year of age).

P: (401) 430-2800

Providers can call (401) 430-2800 or email [RIMomsPRN@CareNE.org](mailto:RIMomsPRN@CareNE.org) Monday through Friday 8 a.m. to 4 p.m. to be connected to perinatal psychiatric specialists in real-time.

### North American Family Institute (NAFI)

NAFI is an organization whose goal is to empower clients to maximize their independence and harness past experiences as strengths and wisdom to help them succeed in the future. Services provided by NAFI include:

- Behavioral Health Services
- Community-Based Services
- Foster Care

- Juvenile Justice Services
- Training Services

501 Centerville Road, Suite 201  
Warwick, Rhode Island 02886  
(401) 921-8700

<https://www.nafi.com/services/behavioral-health-services/>

### Peer Recovery and Family Support

<https://bhddh.ri.gov/substance-useaddiction/recovery-services>

### Safe Sleep

<https://health.ri.gov/for/newparents/about/safesleep/>

### The Providence Center

The Providence Center is a community resource, providing people from all walks of life with mental health and substance use services in their homes, schools, and neighborhoods. Through over 60 programs and wraparound services, including food and housing, job training, legal services, primary health care and wellness activities, The Providence Center is committed to meeting the community's needs.

530 North Main Street  
Providence, RI 02904  
(401) 274-7111

<https://www.providencecenter.org/>

### The Substance Use and Mental Health Leadership Council of RI (SUMHLC)

The mission of the Substance Use and Mental Health Leadership Council of RI is to promote a collaborative, coordinated system of high-quality, comprehensive community-based mental health and substance abuse prevention and treatment services delivered at Community Mental Health Centers.

<https://www.sumhlc.org/>

### Tides Family Services

Tides community-based programs service youth, aged 6-21, 24 hours a day, 7 days a week, and 365 days a year. Programs include strength-based counseling, structured recreation, cognitive behavioral therapy, after-school programming, and two small, licensed schools

215 Washington Street  
West Warwick, RI 02893  
(401) 822-1360

<https://www.tidesfs.org/>

### Women & Infants Day Hospital

Includes: recovery groups, case management services, 12-Step groups, individual therapy, psychiatric evaluation and medication management, aftercare planning, vocational services, and bilingual staff.

2 Dudley Street 1<sup>st</sup> Floor

Providence RI

(401)453-7955

<https://www.womenandinfants.org/the-day-hospital>

### Women & Infants Hospital Center for Women's Behavioral Health and Day Hospital

Treatment for perinatal depression and anxiety.

Women who have symptoms of perinatal depression may call directly at 401-453-7955 or 401-274-1122, ext. 428704.

2 Dudley Street, Suite 560

Providence Rhode Island

<https://health.ri.gov/perinatalmentalhealth/>