



The Circle of Security® Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

Upcoming Training Dates:

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Location:

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For more information, contact:

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## Rhode Island Early Intervention

## Circle of Security® Parenting Workshop

Supporting caregivers'  
understanding of their child's  
behaviors





Circle of Security® Parenting can be offered in both individual and group settings.

Talk to your Early Intervention team to learn more about Circle of Security® or contact an endorsed facilitator directly.

The goals for Circle of Security® Parenting are for participants to be able to:

- understand your child's emotional world by learning to read their emotions and respond to their needs.
- support your child's ability to manage their emotions and behaviors, while understanding your own emotional responses.
- support your child's self esteem.



*Have you ever felt like you just don't understand your child's behavior?*

*Does your child's behavior sometimes "push your buttons"?*

*Does it sometimes feel like your child needs you too much?*

Circle of Security® Parenting uses guided conversations to help parents understand their child's behavior. Parents will consider their own thoughts, beliefs and experiences and how these can impact the parent-child relationship.

*"I thought to myself, I am a good parent and don't need help raising my son. I decided to stick with it and actually try doing things a little differently and see if I noticed anything. Wow, was I surprised! This stuff really works. Every parent should experience this program."*

*– Parent, Circle of Security Graduate*

*"We can now take him places and when I notice his emotions starting to get out of control, I know how to jump in and help him be more organized. I think that he is feeling more secure in knowing that I will be there for him and that I will always be "Bigger, Stronger, Wiser, and Kind" and meet his needs."*

*– Parent, Circle of Security Graduate*

For more information or to enroll in an upcoming group, contact one of our Circle of Security Endorsed Facilitators:

- Deb Christensen, Looking Upwards  
[dchristensen@lookingupwards.org](mailto:dchristensen@lookingupwards.org)
- Monique Deroche, Family Service of RI  
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To learn more about Circle of Security, visit  
<https://www.circleofsecurityinternational.com/resources>