



# Hearing Aid *checklist*



## *In the Morning*

- Check the batteries with a battery tester to ensure a full charge. Replace if necessary.
- Check the earmold and clean any wax/dirt from the opening.
- Listen to the hearing aid using a stethoset to be sure the sound is clear.
  - If possible, use a filter when listening to powerful hearing aids or listen while making a kink in the tubing.
- Insert the earmold in the child's ear.
  - You may need lubricant to help with insertion.
  - If the earmolds are getting small, you may need to use ear cream to help reduce whistling and help with retention.
- Perform the Ling test (*ah, ee, oo, s, sh, m*) with a silence prompt. Note any changes from the child's typical response.

## *At Bedtime*



- Gently remove the hearing aid and earmold without pulling on the tubing.
- Place the hearing aid in the dehumidifier.
  - Do this every night and immediately if the hearing aid gets wet (from water or sweat).
  - You can leave the batteries in the hearing aid while in the dehumidifier.
  - The battery door should remain open.
  - Note the color of the crystals in the portable dehumidifier and reactivate them in the oven or microwave (if instructions provided).



## *Important Tips*

- The goal is to wear the hearing aid(s) all waking hours except for any time it may submerge in water (e.g., swimming, bathing, in heavy rain).
- Once a week, remove the earmold from the hearing aid and wash it. Use warm water and dish soap. Rinse and dry thoroughly.
  - Do this more often if you notice a lot of waxy buildup.
  - Dry the earmold on a paper towel. Or use an air blower to clean the tubing, then put it in the dehumidifier.
- Do not use alcohol-based wipes on the earmold.
- Be aware that moisture/humidity can damage a hearing aid.
  - Use a dehumidifier as necessary to dry the device.
- Remember: Batteries, earmolds and hearing aids are a choking hazard. Batteries are toxic.
  - When not in use, keep batteries, hearing aids, and earmolds away from young children and pets.
  - Immediately contact the poison control number below.

**TOLL-FREE POISON CONTROL HOTLINE**

**1.800.222.1222**

*From the CID online early intervention self-study course,  
"Early Intervention: Guiding Parents Toward Full-Time Device Use"*